

**Rosa Naparstek
Introductory Meeting
Pathwork Lecture Study Circle**

**Sunday, January 23, 2011
3-5:00 PM
720 Fort Washington Ave. #2K
NYC/Washington Heights***

Dear Friends and Neighbors,

I am writing to invite you to an open house meeting at my home to introduce a lecture/study circle based on Pathwork teachings.

Many of you know me in different capacities and roles: as an artist, community organizer, lawyer, social worker; but the one that is closest to my heart is my work and involvement with the **Pathwork Materials of Self Transformation**, a series of 258 lectures of profound spiritual, psychological and philosophical wisdom opening doors for transformation on all levels of consciousness.

The Pathwork is not dogmatic, has no required belief system but asks us to be willing to examine our most strongly held beliefs, gradually removing the obstacles that keep us separate from ourselves, each other and the world.

Although I am not formally affiliated with the Pathwork Foundation, I have studied and worked with the Pathwork teachings for over 30 years, leading lecture study groups and doing personal counseling based on their perspective.

I present these teachings within a safe, supportive circle that focuses on both content and process, paying attention to how we are with one another and practicing what we learn to foster deep listening, kindness and respect.

I have attached Pathwork Lecture #204, "**What Is The Path**" for discussion. These lectures were channeled by Eva Pierrakos from 1957 until her death in 1979. Although some of the language in the lectures may seem "out of this world", I hope that you are open to exploring the wisdom that lies within them.

If you have any questions, you can contact me by email or phone: 212-740-9378. **Please RSVP.** Refreshments will be served. Future Circles will be held on a sliding fee basis. Please feel free to forward this invitation to anyone you feel might be interested.

Thank you
Love,
Rosa

Directions: A-Train to 190th. St. Take elevators UP to Fort Washington Avenue. (DO NOT TAKE TUNNEL). Make a left onto Fort Washington Avenue and proceed to the second building on the left. Turning right will take you into Fort Tryon Park. However if you come early, a stroll in this beautiful park would be a great way to relax and clear your mind for the circle.

REACH

